

Dance - Candy Man P3

Step One

- This week Molly expands on the skills and moves you learnt last week.
- Watch the video of Molly! This is a bigger exercise and the skills you learn will take three weeks to teach, so this is part three! You almost have the dance finished and then you can dance it all the way through!

Last week's video (part one of this exercise) is in the video player as well, so you can catch up if you missed it.

Step Two

- Practice the new steps with her.
- Once you are ready, scroll down to get the sound from the audio section.

Step Three

- Record a video of yourself doing the new dance.
- Don't forget your musical stars t-shirts and your smiles and energy!
- Once you are ready, submit your video down the bottom of the webpage